



Adventure Activities



What's inside

Africa is the most spectacular continent on the planet

Volunteers spend most of their time during our trips working hard at our partner schools. However, with most of them closed over the weekend, it is a great opportunity to go and explore. We have created the best packages to add to your trip to make it even more incredible.

From rainforest treks in Ghana to searching for wildlife over vast plains in Kenya, there is plenty to choose from, and all available at outstanding value.



Ghana

Cape Coast Adventure Weekend

Taste of Ghana Day

Volta Adventure Weekend

Kenya

Elephant Orphanage

Maasai Mara Weekend

Nairobi Wildlife Day

Rift Valley Adventure Day

Taste of Kenya Day

Zanzibar

Jozani Forest

Islands Adventure Day

Ocean Safari

Taste of Zanzibar Weekend

GHANA

Cape Coast Adventure Weekend



The Cape Coast Adventure Weekend entices both history lovers and adventurers alike. The weekend begins with a long drive west of Accra before a tour of Cape Coast Castle, once a notorious fort used to hold slaves awaiting exportation to the Americas. Afterwards, you can sit back and relax with an overnight stay in Cape Coast.

The following morning, you'll visit Kakum National Park, where a short hike through the forest floor is followed by a walk at canopy level - 300ft above the ground! After the morning's exertions, you will stop for lunch at Hans Cottage, a restaurant set over a crocodile pond, before heading back to your volunteer base.

What's included?

- Return transport to Cape Coast
- Walking tour of Cape Coast Castle
- Entry to Kakum National Park
- Single-sex, shared accommodation
- Breakfast
- African Adventures Co-ordinator

What's not included?

- Lunch and evening meals
- Drinks
- Tips for guides



GHANA

Taste of Ghana Day



For an all-around cultural experience that offers volunteers the chance to learn about Ghana, look no further than the Taste of Ghana Day. Volunteers will get started with a visit to Fort Prinzenstein, Keta, once used to hold slaves awaiting exportation to the Caribbean.

Trying and cooking local food is a great way to understand a new culture. Volunteers will take a traditional Ghanaian cookery lesson, making red-red and plantain – a famous local staple – before enjoying the dish for lunch. Afterwards, volunteers will visit a traditional funeral, an elaborate and happy celebration providing a fascinating insight into their culture.

In Ghana, you're never far away from a beating drum. You will finish the day with a beach party and drumming.

What's included?

- All transport and entry fees
- Cookery Lesson
- Lunch
- Visits to Fort Prinzenstein, a traditional funeral and a beach party
- African Adventures Co-ordinator

What's not included?

- Drinks
- Tips for guides



GHANA

Volta Adventure Weekend



Take a walk on the wild side by adding the Volta Adventure Weekend to your trip. The Volta region of Ghana is an area of extraordinary natural beauty with abundant rare wildlife. You'll begin the weekend with a visit to a protected monkey sanctuary where you'll have the chance to feed Lowe's mona and black-and-white colobus monkeys on your shoulder before exploring the rest of the forest.

The evening brings a chance to relax and wind down at a beautiful lodge for your overnight stay. The next day, you'll take in the breathtaking sights of the tallest waterfall in Ghana, Wli Falls, measuring 143m from the upper fall to the plunge pool below. Alternatively, if you are feeling more energetic, you can hike up Mount Afadjato, the highest point in Ghana.

What's included?

- All transport and entry fees
- Visits to monkey sanctuary & Wli Falls/Afadato
- Overnight accommodation with breakfast
- African Adventures Co-ordinator

What's not included?

- Lunch and evening meals
- Drinks
- Tips for guides



KENYA

Elephant Orphanage



Born from one family's passion for Kenya and its wilderness, the David Sheldrick Wildlife Trust (DSWT) is today the most successful orphan elephant rescue and rehabilitation programme in the world and one of the pioneering conservation organisations for wildlife and habitat protection in East Africa.

Founded in 1977 by Dr. Dame Daphne Sheldrick D.B.E, in honour of the memory of her late husband, famous naturalist and founding Warden of Tsavo East National Park, David Leslie William Sheldrick MBE, the DSWT claims a rich and deeply rooted family history in wildlife and conservation.

You can spend an hour at the orphanage in close proximity to the elephants. You will hear their individual stories from keepers and earn interesting facts about elephants and conservation whilst the babies are being fed their milk.

What's included?

- Entrance fee to DSWT
- Transport to/from the venue
- African Adventures Co-ordinator

What's not included?

- Drinking water and snacks



KENYA

Maasai Mara Weekend



Embark on the Maasai Mara Weekend and set foot in one of the world's most famous national parks for an authentic African safari. Visitors travel here from all over the world to view the Big Five.

The tour includes a full day game drive, during which you'll go in search of some of the world's most iconic animals across some of Africa's most scenic plains. When you're not on the road, you'll have time to enjoy the campsite in the heart of the Mara and learn more about the famous Maasai tribe. Your group will also have the opportunity to visit a Maasai village and get an insight into their culture and traditions.

What's included?

- Park entry fees
- 2 x nights' accommodation in tented camps
- All transport in a fitted safari van
- Tour guide
- Meals whilst in the Mara

What's not included?

- Meals outside the Mara
- Tips for guides
- Maasai village visit (\$20pp)



KENYA

Nairobi Wildlife Day



Set on the southern outskirts of Nairobi, our Nairobi Wildlife Day tour is set in the world's only city national park.

You will start your day with a visit to the David Sheldrick Wildlife Trust (DSWT) which is today the most successful orphan elephant rescue and rehabilitation programme in the world and one of the pioneering conservation organisations for wildlife and habitat protection in East Africa. You can spend an hour at the orphanage in close proximity to the elephants. You will hear their individual stories from keepers and learn interesting facts about elephants and conservation whilst the babies are being fed their milk.

After lunch, you will embark on a game drive set in the open grass plains with a backdrop of the city scrapers. Get ready to try and spot the endangered black rhinos, lions, leopards, cheetahs, hyenas, buffaloes and giraffes that call the Nairobi National Park home.

What's included?

- Entrance fee to National Park and DSWT
- Transport to/from the venue
- Safari vans and guide
- African Adventures Co-ordinator

What's not included?

- Drinking water and lunch
- Tips for guides



KENYA

Rift Valley Adventure Day



Created millions of years ago by tectonic plate movement, Kenya's Rift Valley is famed for its magnificent views and pristine game reserves.

Our exclusive Rift Valley Adventure Day encompasses safari, science and exploration all in one day! You will start off bright and early at the gates of the world-famous Lake Nakuru National Safari Park in search of a vast array of animals. Next, you will head to the Earth's Equator for a unique science experiment before completing your day with a hike at Thomson Falls.

What might you see?

Lake Nakuru National Park is famous for being home to lion, giraffe, zebra, flamingo, gazelle, waterbuck, buffalo, white rhino, baboon, leopard and 300 species of bird.



What's included?

- Lake Nakuru National Safari Park entrance fee
- Safari van and tour guide
- African Adventures Co-ordinator

What's not included?

- Lunch/drinks
- Tips for guides
- Science experiment at the Equator



KENYA

Taste of Kenya Day



For an all-around cultural experience that offers volunteers the chance to learn about Kenya, look no further than the Taste of Kenya Day. Volunteers will get started with an introductory lesson in Swahili, much of East Africa's mother tongue.

Trying and cooking local food is a great way to understand a new culture. Volunteers will take a traditional Kenyan cookery lesson, making chapatis - a famous local staple - and a stew or githerie (maize and beans) from scratch before enjoying the dish for lunch. Afterwards, volunteers will explore Kenya's most fascinating geographical phenomenon, Menengai Crater. This 200,000-year-old shield volcano provides a fascinating insight into the geological formation of the Great Rift Valley.

What's included?

- Swahili language lesson
- Traditional Kenyan cookery lesson
- Visit to Menengai Crater
- Visit to a craft market
- Transport
- African Adventures Coordinator

What's not included?

- Drinks
- Tips for guides



ZANZIBAR

Jozani Forest



Spare half a day on your trip and you can discover a fabulous hidden gem on the southern tip of the island: Jozani Forest. It's home to red Colobus monkeys, a rare species found only in Zanzibar, as well as Sykes monkeys, small buck, chameleons, bush babies, over 50 species of butterfly and 40 species of birds.

The mangrove boardwalk, included in the tour, takes you above the swamp, where, depending on the tide, you can see Indian Ocean tropical fish flitting between the mangrove roots and crabs scuttling across the mud.

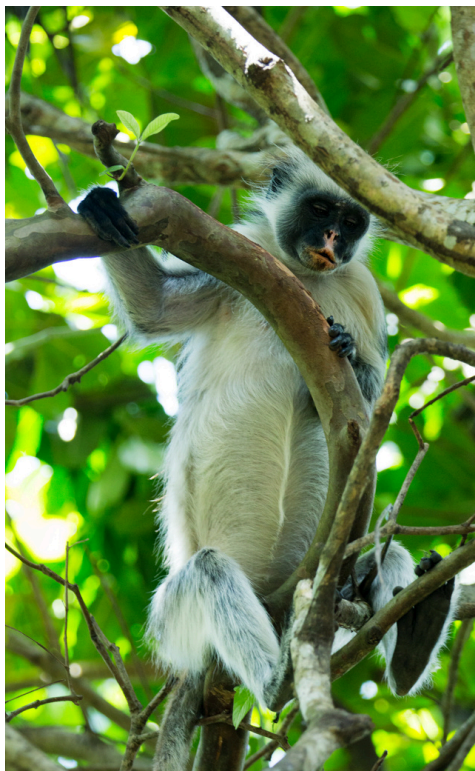
Our expert team of guides will walk you through the impressive flora and fauna that plays a crucial role in protecting Zanzibar's biodiversity.

What's included?

- Entrance fee
- Guided tour
- Return transport

What's not included?

- Tips for tour guides
- Drinks/snacks



ZANZIBAR

Ocean Safari



Grab your flippers and get ready for some underwater exploration in Zanzibar! On our Ocean Safari, you'll get to explore the clear blue waters and white sandy beaches of this beautiful island and try some of the freshest seafood imaginable.

The Ocean Safari has the perfect mix of relaxation and exploration. You'll start out on the coast of Unguja on a beautiful, traditional dhow boat and head for the nearby reefs for two snorkel sessions among the beautiful coral. Then, you'll go in search of dolphins before enjoying a delicious lunch of fresh seafood and tropical fruits. After lounging on the beach, sit back and relax as you sail back to shore.

What might you see?

Make sure you're on the lookout for bottlenose dolphins, humpback dolphins, octopus, lionfish, sea turtles, and manta rays - among many more!

What's included?

- Safari tour with full crew
- Life jacket, snorkel and flippers
- Buffet lunch, snacks and drinks

What's not included?

- Tips for tour guides



ZANZIBAR

Taste of Zanzibar Weekend



Zanzibar is an island steeped in history and culture. Our exclusive Taste of Zanzibar Weekend is a perfect mix of learning, touring and relaxation. The weekend starts in historic Stone Town, a UNESCO World Heritage Site. Discover its vast attractions, including Freddie Mercury's birthplace, the House of Wonders, an infamous old slave fort, and Stone Town's famous fish market.

After lunch in Stone Town, the tour moves north for a walk through a spice farm. You can smell and taste a variety of famous spices and purchase some great gifts for your friends and family. After all that exercise, you'll need some downtime, and we've got just the thing! You'll be heading to Zanzibar's east coast for a relaxing stay at a tranquil beach resort, where you can kick back and watch the world go by.

What's included?

- Stone Town and spice farm tours
- Guides and transport
- Single-sex, shared rooms at beach resort/hotel
- Breakfasts and evening meal

What's not included?

- Lunch
- Drinks
- Tips for tour guides





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