

GHANA

# Cape Coast Adventure Weekend



The Cape Coast Adventure Weekend entices both history lovers and adventurers alike. The weekend begins with a long drive west of Accra before a tour of Cape Coast Castle, once a notorious fort used to hold slaves awaiting exportation to America. Afterwards, you can sit back and relax with an overnight stay in Cape Coast.

The following morning, you'll visit Kakum National Park, where a short hike through the forest floor is followed by a walk at canopy level - 300ft above the ground! After the morning's exertions, you will stop for lunch at Hans Cottage, a restaurant set over a crocodile pond, before heading back to your volunteer base.

## What's included?

- Return transport to Cape Coast
- Walking tour of Cape Coast Castle
- Entry to Kakum National Park
- Single-sex, shared accommodation
- Breakfast
- African Adventures Co-ordinator

## What's not included?

- Lunch and evening meals
- Drinks
- Tips for guides

